

Peanut Allergy Safe Foods

Always check current food labels as ingredients and processing change frequently

Fruit – fresh or canned, with whipped cream or T.Marzetti's Carmel Dip
Applesauce – Mott's, Musselman's, Wilderness, Favorite
Raisins – plain
Vegetables – Ranch dressing ok

Dairy

Cheese cubes, string cheese, Velveeta
Yogurt, Go-gurt, Danimals
Vanilla ice cream – AE, Blue Bunny, Edy's, Breyers
Ice Cream Toppings – Smuckers, Hersey's, no "candybar" types
Popsicles
Ice Cream Sandwich – Blue Bunny

Graham Crackers – Nabisco, Favorite
Goldfish – Pepperidge farms
Doughnuts – Krispy Kreme Doughnuts only, any flavor. No store or other brands
Lemon bars – Sunkist only
Pudding – prepackaged Swiss Miss, Jello, Kraft, Hunts, Favorite
Fruit Snacks – Kellogg's, Betty Crocker, Welch's, Favorite

Candy – Starburst, Skittles, LifeSavers, Jolly Ranchers

Twizzlers, Milk Duds, Whoppers
Kraft Caramels
Hershey Kiss (Original, caramel, dark choc., white choc), chocolate chips
Smarties & Smarties Conversation Hearts
Hershey Plain Chocolate bar
Hot Cocoa – Swiss Miss, Nestle, Favorite
Pop Corn – Jolly Time

Chips

Sunchips- any
Tostitos – Scoop, Bite Size, Restaurant, Multigrain, Gold
Cheetos – Original, Crunchy, puffs, baked, flamin' hot
Doritos – flavor or baked
Ruffles – original, cheddar, sour cream, low fat, baked
Lays potato chips – classic, BBQ, cheddar/sour cream, Wavy, wavy ranch, wavy au gratin, baked
Old Dutch – Potato Chips, pretzels, tortilla, Puff corn, popcorn
Rold Gold – pretzels, any
Rice cakes
Pringles

Keebler

Scooby Doo Graham cracker sticks
Club crackers –originals

Club snack sticks – original, honey wheat
Fudge Shoppe – Fudge Stripes, Deluxe Grahams, Fudge Pop Right Bites
Vienna Fingers
Vanilla Wafers
Townhouse crackers – Original, wheat

Kellogg's

Special K bars – vanilla, strawberry, cranapple
Special K snack bites
Granola Munch'ems – honey oat, brown sugar/cinnamon
Fruit streamers
Rice Krispie Treats- original
Nutrigrain yogurt bars – (No muffin bars)
Poptarts
Yogos
Twistables
Fruit snack, streamers, juicers

Nabisco

Teddy Grahams – any kinds
Chips Ahoy – **no nuts**
Oreos – **no peanut butter**
Nilla Wafers
Ginger Snaps
Lorna Dunes
Ritz
Ritz bits – cheese, s'mores
Wheat Thins – any
Triscuit
Chicken in a Biskit
Cheese Nips

Sunshine

Cheez It – Reg, white cheddar, Reduced fat, Twisterz

NOT SAFE – DO NOT BRING

Chex Mix	Cereal Bars	Caramel Corn
Hostess	Trail Mix	Wafer Cookies (such as Voortman)
Little Debbie	Granola Bar	Candy Bars (other than specifically listed previously)

AVOID – all products processed on equipment with peanuts, tree nuts and any other kind of nuts. You will need to read the packaging. The Allergy information is listed on most products after the ingredients.