

SAS CAMPS

SAS Summer Camps will be held at Summit Middle School from 7 a.m. - 5:30 p.m., offering daily breakfast, social and game time, field trips, and afternoon snacks. Students can sign up for one of two camps offered each week - an active camp or an enrichment camp. From Archery to FX/Movie Make-Up, all camps offered throughout the summer will touch on a wide range of interests. The camps will run every morning from approximately 9-11:30 a.m. Each camp will need to have a minimum of 8 students in order to be offered, and each will have a limit of 25-30 students.

Director: Rob Wisniewski, rwisniewski@johnston.k12.ia.us.

DAILY SCHEDULE

subject to change

7:00 - 8:30 a.m. Social & Game Time
8:30 - 8:50 a.m. Breakfast
8:50 - 9:00 a.m. AM Attendance
9:00 - 11:30 a.m. Camps
11:30 a.m. - 12:00 p.m. Lunch
12:00 - 12:15 p.m. PM Attendance
12:15 - 4:00 p.m. Field Trip
4:00 - 4:15 p.m. Snack
4:15 - 5:30 p.m. Social & Game Time

ACTIVE CAMPS

Floor Hockey

Experience the fast-paced game of ice hockey on a hard wood floor. Participants will learn and practice positions, basic plays, stick/puck handling, and much more associated with hockey. Who will score the most goals and which team will win the Johnston Cup?

T-F 6/6-6/9 7 a.m.-5:30 p.m. SMS \$135 SU17SAS1

Roller Skating

Learn the basics of stroking and stopping, how to get back up if you fall down, squat all the way down, and skate backwards. Complete obstacle courses and skating games for a fun and safe experience.

M-F 6/12-6/16 7 a.m.-5:30 p.m. SMS \$145 SU17SAS2

Yoga

Move and breathe as you strengthen the mind and body. Discuss how to treat yourself and others while finding a sense of control and calm. Turn away from the stress and chaos of early teenage life and prepare for a deep state of relaxation to reconnect and fully engage in life. Smiling, dancing, and laughing promised. Gratitude journals provided.

M-F 6/19-6/23 7 a.m.-5:30 p.m. SMS \$145 SU17SAS3

Archery

Bullseye! Whether it is your first time or if you are a seasoned vet, come learn the basics of archery from the 11 steps of success to hitting targets. Participants will end the camp with a vast amount of knowledge in the sport of archery as well as the safety that goes along with the sport.

M-Th 6/26-6/29 7 a.m.-5:30 p.m. SMS \$135 SU17SAS4

Ultimate Sports

Play old and new sports on a different level. Participants will push their athletic skills and knowledge to new limits through playing a variety of basic sports with an ultimate twist. Each day will bring new experiences and fun challenges.

W-F 7/5-7/7 7 a.m.-5:30 p.m. SMS \$100 SU17SAS5

Tour de Johnston

Ready to ride the trails? Participants will ride timed trials through various obstacles and the numerous trails of Johnston. All participants will need to bring a bicycle, wear appropriate safety gear, and have a water bottle. Participants need to have a tuned up bicycle to participate.

M-F 7/10-7/14 7 a.m.-5:30 p.m. SMS \$145 SU17SAS6

Bowling

Ready to pick up that 7-10 split? Learn the basic skills used by bowlers around the world. Participants will venture to Plaza Lanes to practice their game and the fundamentals needed to perfect this world class sport. Max. 30 participants.

M-F 7/17-7/21 7 a.m.-5:30 p.m. SMS \$145 SU17SAS7

Survivor

Participants will work through outdoor team building scenarios as well as learning and practicing archery skills, geocaching, hiking trails, and other basic outdoor survivor skills.

M-F 7/24-7/28 7 a.m.-5:30 p.m. SMS \$145 SU17SAS8

Pickleball

Come learn this fun and fast growing sport from Iowa's own Pickleball Ambassador, Steve Stone. If you enjoy tennis, ping pong, or learning new and active games, then pickleball is the sport for you. All equipment and instruction will be provided. Please wear comfortable, active clothing and bring a water bottle.

M-Th 7/31-8/3 7 a.m.-5:30 p.m. SMS \$135 SU17SAS9

Dodgeball Bonanza

Learn and participate in various genres of dodgeball, working in team and individual settings to further develop skills, all while having fun.

M-F 8/7-8/11 7 a.m.-5:30 p.m. SMS \$145 SU17SAS10

Rock Climbing

Reach for the summit with this fun and exciting camp. Participants will learn the basics of rock climbing indoors. Challenging obstacles and team building will help students climb and build confidence in themselves and others. Max. 30 participants.

M-F 8/14-8/18 7 a.m.-5:30 p.m. SMS \$155 SU17SAS11



ENRICHMENT CAMPS

Extreme Board Games & More

Put away Monopoly and Sorry and explore the many different worlds of haunted mansions, superheroes, deserted islands, and zombies through a variety of new and exciting games. These games will test your strategic thought, team work ability, and detective skills.

T-F 6/6-6/9 7 a.m.-5:30 p.m. SMS \$135 SU17SAS12

The Actor's Toolbox

This camp will focus on the fundamentals of live theater. Movement, voice, improvisational acting, and character work will be a part of this journey. There will be a final day showcasing performance skills that will be open to anyone to come and enjoy.

M-F 6/12-6/16 7 a.m.-5:30 p.m. SMS \$145 SU17SAS13

Act'letes in Training

Learn what it takes to do scene work in a production. Working with each other, participants will read and act out scripts. Scenes and skits will be acted out on the final day for the public to enjoy.

M-F 6/19-6/23 7 a.m.-5:30 p.m. SMS \$145 SU17SAS14

Journalism

Do you have a passion for writing stories or taking videos? Explore how to write articles for a newspaper and create video broadcasts. This camp will teach you the skills you will need to become a great journalist and/or news broadcaster.

M-Th 6/26-6/29 7 a.m.-5:30 p.m. SMS \$135 SU17SAS15

Photography

As a society, we are taking more photos than ever, but where did photography get its start? In photography camp, we will cover the history of photography from metal plates to 1s and 0s. Participants will learn concepts of photography such as framing shots, proper exposure, and editing techniques. Come prepared to do some shooting with daily photo challenges. Participants will need to provide their own camera (cell phone/iPod cameras are allowed).

W-F 7/5-7/7 7 a.m.-5:30 p.m. SMS \$100 SU17SAS16

Lego Robotics

Participants will learn to construct and program a LEGO robot using RXT or NXT bricks. Discuss the potential uses of robots in the real world and build a robot to fulfill a specific need (ex. walk a dog, help the disabled fix a meal, etc.). At the end of the week each student engineer will showcase his or her robot at a "robotics symposium." All equipment supplied.

M-F 7/10-7/14 7 a.m.-5:30 p.m. SMS \$145 SU17SAS17



FX/Movie Make Up

Lights, Camera, Action! Ever wonder how make up and special FX are applied to actors? Explore the process of make-up application and illusions used in the movie industry today. From age altering looks to make believe skin alterations, put your artistic talents to the test.

M-F 7/17-7/21 7 a.m.-5:30 p.m. SMS \$145 SU17SAS18

3-D Paper Model

Learn to develop and bring to life three-dimensional ideas from paper, glue, and scissors. This camp will help teach the artistic techniques of cut and glue placement, paper rolling, and creasing in order to finalize a lightweight moveable object from pirate ships to robots and beyond.

M-F 7/24-7/28 7 a.m.-5:30 p.m. SMS \$145 SU17SAS19

Miniature Painting

Do you wonder how intricate gaming pieces are colored? In this camp participants will learn about, build, paint, and keep miniatures that are sculpted for games such as Warhammer, Dungeons & Dragons, and more.

M-Th 7/31-8/3 7 a.m.-5:30 p.m. SMS \$135 SU17SAS20

Strategic Card Gaming

Expand your imagination through multiple worlds of fantasy. Participate in strategic forms of card gaming play with and against your friends using a variety of mythical creatures, superheroes, and people. Through these games you will enhance your knowledge of strategy, logic, and probability.

M-F 8/7-8/11 7 a.m.-5:30 p.m. SMS \$145 SU17SAS21

Illustration

From editorial to comic books, participants will learn and explore the basics of illustration. Explore the basic foundations of illustrating through a variety of drawing mediums and styles. Students will learn to inspire and be inspired through their artwork.

M-F 8/14-8/18 7 a.m.-5:30 p.m. SMS \$145 SU17SAS22

ALL DAY CAMP TRIPS

Adventureland

Join us for an exciting trip to Adventureland, where you can enjoy all the rides, games, and water attractions that Adventureland has to offer. Please remember to bring sunscreen and wear appropriate clothing.

F 6/30 7 a.m.-5:30 p.m. SMS \$40 SU17SAS23

Omaha Zoo Trip

Journey through Omaha's Henry Doorly Zoo and have a chance to meet some of the world's most interesting animals. Don't miss this chance to hang out with friends and be entertained by exotic animals from all regions of the globe. Please note students will be taking a charter bus to the zoo. Students need to be at Summit by 7:30 a.m. on August 4. Please bring a sack lunch. Students may bring \$20 spending money.

F 8/4 7 a.m.-5:30 p.m. SMS \$50 SU17SAS24