

RAISING HEALTHY DRAGONS

Keeping Our Dragons Safe!

April 29, 2019 | 6:30-8 p.m.

Summit Middle School
9500 Windsor Parkway, Johnston, IA

PARENTS AND GUARDIANS you are invited to an evening of learning presented by the Board of Education Student Well-Being and Mental Health Committee. Please join us to learn more about the following topics.



HUMAN TRAFFICKING—Learn about the scope of the human trafficking issue in Central Iowa and the role parents and community members can play in keeping young people safe.



VAPING FROM A STUDENT PERSPECTIVE—The Summit Vaping Prevention Group will be sharing a student view of vaping issues and the work they are doing to make a difference.



ANXIETY AND DE-ESCALATION—Participants will have an opportunity to learn about anxious feelings in young people and identify ways they can help their children and teens deescalate and manage anxiety.



VAPING—A health care perspective on a growing problem in communities throughout Central Iowa.



NAVIGATING THE DIGITAL WORLD—A hands on session for parents to learn about online resources and practical strategies for helping young people navigate the world of technology.



For more information visit our website at www.johnstoncsd.org.