



Gymnastics ♦ Obstacle Warrior ♦ Strength Training

As legal guardian of my designated student(s), I hereby consent to all student(s) participating in this facility's program(s). I recognize that potentially severe injuries can occur in any activity involving height or motion, including tumbling and related activities including cheerleading, tumble tramp, trampoline, stunting, pyramids, dance, obstacle training, gymnastics and physical activity in general.

I understand that it is the express intent of all staff and personnel to provide for the safety and protection of my student(s) and, in consideration for allowing my student(s) to use these facilities, I hereby **COVENANT NOT TO SUE and FOREVER RELEASE** this facility, affiliated and partner companies and organizations, property owners and lessors, staff, contractors, subcontractors, teachers, coaches, owners, directors and other members involved in this facility's program(s), from all liability and for any and all damages and injuries suffered by my student(s) during instruction, supervision, and/or control during any and all classes or extra activities.

Your Name (print) \_\_\_\_\_

Relationship:       Parent       Legal Guardian       Participant

Child(s) Name(s) (print) \_\_\_\_\_ Participant(s) birthdate(s) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_


\_\_\_\_\_

Contact Name (print) \_\_\_\_\_ Phone # \_\_\_\_\_

Email address \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_\_

**Emerge Academy . 2100 SE Gateway Dr. Ste 200 . Grimes, IA 50111 . 515-986-0508 . [www.EmergeDSM.com](http://www.EmergeDSM.com)**



# Family Punch Card

**SATURDAY**

**Email us to register:**  
[ContactEmergeAcademy@yahoo.com](mailto:ContactEmergeAcademy@yahoo.com)

**\*\*1st Saturday of Each Month\*\***  
**KIDS OPEN GYM**  
 Ninja & Gymnastics  
 5:30-7:30pm  
 (ages 6-18)

**\*\*3rd Saturday of Each Month\*\***  
**FAMILY OPEN GYM**  
 Ninja & Gymnastics  
 5:30-7:30pm  
 (all ages)  
 Parents & less than 18 mo are FREE!

**MONDAY**

**ADULT NINJA CLASS** (16 & up)  
7:30-8:30pm

**TUESDAY**

**ADULT NINJA OPEN GYM** (16 & up)  
8:00-10:00pm

**WEDNESDAY**

**ADULT NINJA CLASS** (16 & up)  
7:30-8:30pm

**THURSDAY**

**ADULT NINJA OPEN GYM** (16 & up)  
8:00-10:00pm

**FRIDAY**

**ADULT NINJA CLASS** (16 & up)  
7:30-8:30pm

50 Punch	\$600	<b>\$12 per punch</b>
20 Punch	\$260	<b>\$13 per punch</b>
10 Punch	\$140	<b>\$14 per punch</b>
5 Punch	\$75	<b>\$15 per punch</b>
Single	\$20	

**\*Punches can be shared between **KIDS** and **ADULTS****

**\*Family members with the same account.**

**\*Purchase on-line through your parent account portal.**

**\*No card to keep track of as we track punches for you!**

**\*Punch cards expire one year after date of purchase.**

**ATTENTION:** Waivers are required of all participants. Athletes currently enrolled in our classes will have one on file.  
 All guests must have a signed waiver prior to participation in open gyms.  
 Waivers require the signature of a parent or legal guardian for anyone under age 18.