FALL 2020

# JOHNSTON COMMUNITY SCHOOL DISTRICT COMMUNITY EDUCATION

# ECONNECTION COMMUNITY SCHOOL DISTRICT

9/10/20 – Info for some of our classes has changed since the printing of the Connection. In order to participate in a class that starts immediately after school, you must attend school at that building on the day the class is offered (purple/gold group). Evening, weekend and live online classes will continue to be offered to anyone. The class dates, times, and locations listed on Eleyo are correct.

The classes inside this issue are highlighted as follows:

ONLY GOLD GROUP STUDENTS CAN ATTEND ONLY PURPLE GROUP STUDENTS CAN ATTEND ANYONE CAN ATTEND

9/17/20 – Changes to Magic 1.0-4.0, Coding 1.0-4.0, Guitar 1.0-4.0, Chess 1.0-4.0, Grandmasters of Chess, and Junior Soccer. Cancelled or past classes have also been removed.

9/21/20 – Changes to Magic 2.0, Magic 3.0, Guitar 1.0, Food Science Fun, Oct. Morning Fitness, and Aqua Aerobics. Cancelled or past classes have also been removed.

10/26/20 – With the new JSCD schedule, there is no longer a need for purple and gold groups with our classes. Anyone can attend any class (as long as they meet the age restrictions). The class dates, times, and locations listed on Eleyo are correct. *There are a few new classes added as well!* 

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# pg 2-5 | IMPORTANT Info for the JCSD School Year!

# pg 6-7 | Community Ed COVID Communication

Live Online & In-Person Classes | Sign up today at johnston.ce.eleyo.com!





The school year has started in Johnston, and we are thrilled to see our students back in person and online for this exceptional new year.

In addition to the traditional school supplies, I'd like you to consider packing (and perhaps re-packing as the school year goes on) three essential items you and your family will use every day. They are patience, flexibility, and grace.

• Patience for those days when things don't go as planned or when we are presented with yet another unexpected 2020 curveball.

• Flexibility to roll with the everpresent changes and modifications we are making to ensure students learn and grow this school year.

• Grace for yourself and others when we're all carrying a heavy load of emotion, stress, and uncertainty (among other things). It cannot be shared enough that we need to take care of ourselves, our families, and others more than ever.

For the majority of the summer, it has felt like health & safety and education are competing for the top priority in our lives. These are two things that should never be in competition. It is our goal to return students and staff back to the school year as safely as we can. Thank you, to our parents and community members who are doing their part to mask up, social distance, and take other health precautions. We also appreciate your diligence in reading and responding to our communication over the summer.

Our schools will look and feel differently than they have before. But rest assured, our educators are eager to greet your children online and in person and provide them with the high-caliber education and emotional support you've grown to expect from our school district. As the school year goes along, you will also hear more about our new Strategic Plan, which was recently approved by our school board.

The plan has five focus areas to guide our work: Student Growth & Achievement; Equity; Community Engagement; Employee Excellence; and Fiscal Responsibility & Stability. Even during these tumultuous times, a strategic plan serves as the roadmap to keep us all staff, students, and the community moving forward. I am excited for this document to come to life over the next few years!

From my family to yours, I wish you all the best this school year. Go Dragons!

Fama Kaur

### 515-278-0470 | LAURA.KACER@JOHNSTON.K12.IA.US

### Please send district news, comments or questions to:

Laura Sprague, APR, Director of Communications PO Box 10, Johnston, IA 50131 laura.sprague@johnston.k12.ia.us

### **Board of Education**

Justin Allen, President Dr. Jeanie Kerber, Vice President Jennifer Chamberland Dr. Alicia Clevenger Katie Fiala Steven Hopper Soneeta Mangra-Dutcher Beaver Creek Elementary, 278-6228 8701 Lyndhurst Drive, Johnston

Horizon Elementary, 986-1121 5905 NW 100th Street, Johnston

Johnston Early Learning Academy, 727-5352 6207 NW 62nd Avenue, Johnston

JHS & Dragon Stadium, 278-0449 6500 NW 100th Street, Johnston

JMS & Johnston Stadium, 278-047 6501 NW 62nd Avenue, Johnston

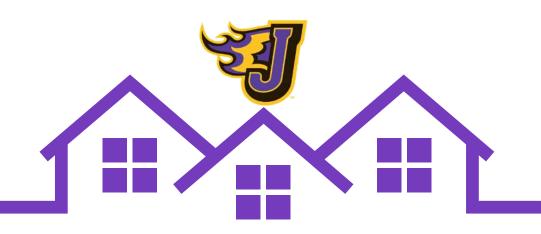
Lawson Elementary, 278-0478 5450 NW 62nd Avenue, Johnston

Summit Middle School & Pool, 986-0318 9500 Windsor Parkway, Johnston

**Timber Ridge Elementary,** 331-4379 7370 NW 54th Avenue, Johnston Wallace Elementary, 278-6977 6207 NW 62nd Avenue, Johnston

JCSD District Office - 278-0470 Community Education - 278-0552 Kids Connection (KTC) - 252-8490 PO Box 10, 6510 NW 62nd Avenue, Johnston www.johnstoncsd.org

**NON-DISCRIMINATION STATEMENT** It is the policy of the Johnston Community School District not to illegally discriminate on the basis of race, color, national origin, gender, disability, religion, creed, age (for employment), marital status (for programs), sexual orientation, gender identity and socioeconomic status (for programs) in its education programs and its employment practices. There is a grievance procedure for processing complaints of discrimination. If you have questions or a grievance related to this policy, please contact the district's Associate Superintendent, Dr. Bruce Amendt, 6510 NW 62nd Ave, Johnston, Iowa 50131, (515) 278-0470, bamendt@johnston.k12.ia.us.



# 2020-21 JCSD AT-HOME HEALTH SCREENING



# Is child fever free (less than 100.4 without the use of medications) for 24 hours?

If not, child should seek medical care in order to return to school.



# Is your child free from the following symptoms?

Difficulty breathing, shortness of breath, loss of taste or smell, new or worsening cough? If not, your student should seek medical care in order to return to school.



# Has your child had close contact with someone diagnosed with COVID-19?

If so, please follow all health department or physician ordered quarantining directions and contact your student's teacher.



# Does your child have their facial covering to wear to school?

Thank you for keeping our buildings safe!



The Johnston Community School District Board of Education, along with district leadership, is committed to investing in our personnel, students, and families to create one of the nation's best educational systems.

**MISSION** | We commit all district resources to guide the learning of all students to graduate as confident learners with character, knowledge, and the skills to excel in any endeavor they pursue.

**VISION** | Creating a culture of excellence where students come first.

Johnston Community Education is a partnership between the Johnston Community School District and the City of Johnston.

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### Johnston Community School District 2020-21 Academic Calendar This calendar is for the second quarter of school: October 26 to January 12, 2021

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# June 2021 S M T W T F S 1 2 3 4 5

Aug. 12-14	New Teacher Orientation
Aug. 19-28	Staff Professional Development Days
Aug. 31	FIRST DAY OF SCHOOL GRADES PREK-12
Sept. 7	NO SCHOOL - Labor Day holiday
Oct. 23	End of first quarter
Nov. 12	Grades PreK-12 P/T Conferences; 3 hour early out for all schools
Nov. 17	Grades 6-12 P/T Conferences
Nov. 17	End of the first trimester
Nov. 19	Grades PreK-5 P/T Conferences
Nov. 25	NO SCHOOL - PT comp day
Nov. 26-27	NO SCHOOL - Thanksgiving holiday
Dec. 24-Jan. 1	NO SCHOOL - Winter break
Jan. 4	STUDENTS RETURN FROM BREAK
Jan. 12	End of the second quarter, end of the first semester
Jan. 18	NO SCHOOL • Grades PreK-5: Prof. Development • Grades 6-12: Prof. Dev. /Work Day
Feb. 25	Grades PreK-12 P/T Conferences; 3 hour early out for all schools
Feb. 25	End of second trimester
March 2	Grades PreK-5 P/T Conferences
March 4	Grades 6-12 P/T Conferences
March 12	NO SCHOOL - PT comp day
March 15-19	NO SCHOOL - Spring break
March 26	End of third quarter
May 28	LAST DAY OF SCHOOL (End of fourth quarter, second semester, and third trimester)
May 31	NO SCHOOL - Memorial Day Holiday
June 1	Teacher Work Day
June 1-4	Reserved as potential make up days

Updated October 2020

#### Dates in red denote significant start or end date

\* 3-hour early dismissal (every Wednesday, every school) Elem. dismiss @ 12:35 p.m.; Sec. dismiss @ 11:45 a.m. No School day

End of the Quarter

) Staff prof. development/work day

> Parent/Teacher conferences

End of the Trimester

# CENTRAL IOWA METROPOLITAN LEAGUE

# FALL SPORTS PROTOCOLS

The Central Iowa Metropolitan League, based upon guidance received from Governor's Office of the State of Iowa, the Iowa Department of Education, the Iowa Department of Public Health, the Iowa Girls High School Athletic Union, and the Iowa High School Athletic Association, has released its procedures for spectator admission to the CIML member school fall sports seasons.

### Spectators

All spectators are required to wear a protective face covering for admission and throughout the duration of the contest. Each student athlete/performer will be issued TWO tickets for admission to the event. General admission tickets will not be available this season.

### SAT (Student Activity Ticket)

At this time, per CIML guidelines, all sales of SAT's are suspended. Johnston students who purchased a SAT will be refunded.

### Livestreaming

The Johnston Livestream Network will be livestreaming varsity events when available. The Activities Department and coaches will provide livestream availability once it is determined. The link for all livestreamed events is <u>www.team1sports.com/johnston</u>

### Homecoming

JHS will have Homecoming the week of September 18. The JHS Student Council is working with the high school staff and administration to develop a safe and fun week for the students. Plans wills be released at a later date.

### Concessions

Home events will only have drinks available at concession stands. Snacks are allowed into district facilities. Availability of concessions at away events will be communicated with families prior to event will send out the host school's protocols prior to the event.



### JCE Staff

Kayla Badtram **Operations Manager** 

Lisa Brincks Receptionist

Steve Conlan Childcare Manager

**Emilee Gehrke** Communications Coordinator

Jon Gibbs Program Coordinator

Scott Kruthoff JCF Director

Sarah Marckmann Administrative Assistant

Lori Meyer KTC Specialist

Joy Palmer Director of JELA

**Diane Ross** KTC Account Specialist

### **KTC On-Site** Coordinators

Connor White. Beaver Creek Brenda Schumaker, Horizon Josh Schumaker, Lawson David Naylor, Timber Ridge Tara McCulley, Wallace Charity Johnson, District Office

### JCE Resource Council

Zach Grandon, President Eric Melton, Secretary Judy Anderson Karen Carroll Andrea Cook Alex Goodburn Lois Kiester Nate Osmundson Scott Syroka

# **SKILLS FOR THE 21ST CENTURY**

Learn more and register at bit.ly/jce-online-learning.

JOHNSTON COMMUNITY EDUCATION

#### ONLINE CERTIFICATES COURSES &



# Facility Usage

The JCSD schools and facilities are owned, maintained, and supported by the public. The primary purpose of all school facilities is to serve the needs of Johnston students, but the secondary purpose is to serve the community. In an effort to respond to the educational, recreational, and cultural needs of the Johnston community, school auditoriums and other facilities may be rented for use by qualified groups/organizations.

For more information about using JCSD facilities, go to Community Resources at johnstoncsd.org/commed.

# Inclement Weather

If the Johnston Community School District cancels classes or dismisses early due to weather, all Community Ed classes and activities (adult and youth) are cancelled for that day/evening.

For weekend classes, please call the Community Education weather hotline for updated information, 515-252-8488.

We will also post updates to our social media pages for any classes that are closed due to weather.

Facebook - @johnstoncommunityed Twitter - @JCSD\_CommEd

# Registration

ONLINE - johnston.ce.eleyo.com.

**PHONE** - 515-278-0552 (You will need a MasterCard, Visa, or Discover card to register via phone)

IN PERSON - 6510 NW 62nd Ave, Johnston (Monday through Friday from 7:15a-4:15p)

Scholarships may be available to those who qualify. Contact JCE about the program you are interested in prior to registering. Scholarships are subject to approval.

### Find the full guidelines at <u>bit.ly/jce-covid</u>.





Johnston Community Education (JCE) has established guidelines based on guidance from the Iowa Department of Education and the Return to Learn plan approved by the Johnston Community School District (JCSD). These guidelines represent the health and safety measures we are taking to create a culture of safety and to prevent the entry and spread of communicable disease. *Whenever groups of people gather together, in school or in the community, there is risk of spreading communicable disease.* 

With the new JSCD schedule, there is no longer a need for purple and gold groups with our classes. Anyone is welcome to participate on any day, regardless of their selected learning model (online or in-person).

# COVID-19 health & safety

- Anyone who is sick should stay home. This includes staff, participants, parents, volunteers, and/or spectators.
- Anyone who is sick for any reason should STAY HOME UNTIL: You are fever free for at least 24 hours (less than 100° without the use of fever reducing medication) **and** syptoms have improved.
- Prior to arriving at the program site, staff and participants should perform daily self-screening at home. (See page 3)
- Access to all JCSD facilities will be limited as much as possible. In general, parents will NOT have access to enter facilities.
- Handwashing during JCE programs will be increased in frequency and reinforced according to CDC recommendations.
- The use of proper face masks is required for all staff, participants, and spectators/visitors.
- While we cannot guarantee that social distancing recommendations can be met in all activities at all times, we will implement program-specific social distancing plans aimed at prevention of disease spread.
- Educational signs are posted in all facilities and spaces where JCE programs take place.
- A plan is in place to increase the frequency of cleaning and disinfection for high-traffic and high-touch spaces and surfaces.

COVID-19 illness reporting & self-isolation

- If a student or staff member was determined to have close contact with a positive individual they will receive a notification. There are two types of notifications:
  - If proper masks were not being worn at the time of close contact, you may receive a notification and order to quarantine.
  - If proper masks were being worn at the time of close contact, you may receive a notification to make you aware of close contact, but not to quarantine.
- Every effort will be made to maintain confidentiality and privacy in received reports of illness.
- Polk County Health Department (PCHD) will be contacted in the event a positive COVID-19 case is reported. Program rosters may be shared with local health officials for contact tracing purposes.
- The following situations will result in participants or staff being asked to self-isolate for 14 days: A positive test for COVID-19; you have had direct/close contact (within 6 feet for 15 minutes) with anyone who has tested positive for COVID-19, *and both parties were NOT masked*; you live with someone who has symptoms of, or has tested positive for COVID-19; any international travel. Whenever a potential exposure to COVID-19 is reported, JCE leadership staff should be notified immediately. JCE will consult with the PCHD and JCSD leadership to determine the best next steps.

# COVID-19 closures

- Closure/cancellation decisions will made on a case-by-case basis in consultation with JCSD leadership and the PCHD.
- Partial refunds for reasons related to COVID-19 will be made whenever possible.

# Live Online Classes

### LIVE ONLINE · 1 DAY OPTIONS

### **ACT Prep Seminar**

Our ACT test prep seminar has moved online! You can choose from dozens of online seminar options to find one that fits your schedule. Instructors will go through all four multiple choice tests and the essay. Get tips on how to approach the test and strategies on how to answer questions. You'll also receive extra practice tests and a study guide to help with additional prep. All materials will be shipped to your home prior to the seminar. *Instructor: Doorway to College* 

**Upcoming ACT Test Dates @ JHS** December 12 • February 6 • April 17

#### **GRADES 10-12** – \$97\*

Search available classes and register at <u>doorwaytocollege.org/webinars</u>. Use coupon code **JohnstonTestPrep** to save \$32. \*\$129 without coupon code

#### LIVE ONLINE

### NEW FIRST LEGO<sup>®</sup> League: Remote Exploration

This is an **individual** and **virtual** FLL experience for you to design, build, and program a robot from the safety of your own home. You'll borrow an EV3 LEGO Mindstorm kit to use for the duration of the program. You and your parents will meet virtually with our FLL instructor to kick off the program, and you'll have access to weekly virtual meetings. You can also reserve weekly in-person practice time slots to test your robot. The program will wrap-up with a virtual competition for everyone to show off their robot designs. *Our traditional FLL team season has been postponed to Spring 2021. Instructor: Andrew McCormick (min 2, max 10)* 

**GRADES 4-8** – \$75 Live Online | 11/16-12/19

### LIVE ONLINE

# NEW Drone Programming

Have fun flying drones and learn valuable programming skills at the same time! You'll borrow a drone to program using entry level, block-based coding and perform various camp challenges. *Instructor: COR Robotics (4 sessions, min 5, max 15)* 

**GRADES 3-9** – \$69 Live Online | MW, 11/9-18 | 6-8p

### LIVE ONLINE · PROGRESSIVE FORMAT

## \rm Magic 1.0

Use common household items to amaze your family and friends with prestidigitation and legerdemain (magic tricks, that is). A supply list will be sent to you. *Instructor: YEL!* 

#### **4wk GRADES 2-5** – \$49

Live Online | Tu, 11/3-12/1 | 4:15-5:15p

### LIVE ONLINE · PROGRESSIVE FORMAT

# Magic 2.0

For students who have completed Magic 1.0. *Instructor: YEL!* 

4wk GRADES 2-5 - \$49

Live Online | Th, 11/5-12/3 | 4:15-5:15p

### LIVE ONLINE · PROGRESSIVE FORMAT

### Magic 3.0

For students who have completed Magic 1.0 and 2.0. *Instructor: YEL*!

**4wk GRADES 2-5** – \$49 F20 Live Online | W, 11/4-12/2 | 4:15-5:15p



#### PARENT & CHILD • 1 DAY

### STEM Night OUT -Coding with Robots

Work together on a fun night of coding challenges with a variety of robots. Whether you are brand new to coding or want to further develop your skills, you'll have a blast with this interactive class! *Instructor: TigerLily STEM (min 10 pairs, max 15 pairs)* 

### **GRADES K-5** – \$32 Beaver Creek | Tu, 11/17 | 6:30-8p

### LIVE ONLINE · PARENT & CHILD · 1 DAY

### STEM Morning IN - Bath Bomb Chemistry

Have fun making bath bombs at home! Learn about chemical reactions, get instructions for making your bath bombs, and spend the rest of class time creating bath bombs together. Cost includes all bath bomb supplies. *TigerLily STEM (min 6, max 20)* 

### **GRADES K-5** – \$32

Live Online | Sa, 12/5 | 9-10:30a

#### PARENT & CHILD • 1 DAY

### STEM Night OUT - Bug Science

In this bug-gy science class, you'll observe and classify insects, conduct a fun experiment and learn about the field of entomology. *Instructor: TigerLily STEM (min* 10, max 15)

**GRADES K-5** – \$32

Timber Ridge | Tu, 12/15 | 6:30-8p

### LIVE ONLINE · PARENT & CHILD · 1 DAY

# NEW Advanced Fun with Chocolate

Learn to make chocolate candy bars with layered fillings as well as cherry cordials. *You don't have to take "Fun with Chocolate" to attend this class.* Some supplies will be provided. *Instructor: Tonja Djuren (min 1 pair, max 5 pairs)* 

#### **GRADES 3-7** – \$80

Live Online | Sa, 12/5 | 9-11:30a

### LIVE ONLINE · PARENT & CHILD · 1 DAY

# NEW Sugar Cooking

Learn about and play with sugar! Focus on standard sugar cooking techniques, different sugar stages, making marshmallows and taffy, crystallization, and gelatin. Some supplies will be provided. *Instructor: Tonja Djuren (min 1 pair, max 5 pairs)* 

**GRADES 3-7** – \$75

Live Online | Sa, 11/14 | 9-11:30a

### PARENT & CHILD

# Magiclass: Intro to Magic

Magiclass is great for your brain and funny bone. Professional magician Lee Cole will amaze you, then share his secrets! All skill levels are welcome; all supplies provided. *Instructor: Lee Cole (2 sessions, min 3 pairs, max 10 pairs)* 

**GRADES 1-9** – \$99

Lawson | W, 11/11 & 11/18 | 6-8p

# Youth Enrichment

### **GRADES K-12**

# **NEW Magiclub**

Entertain and amaze your friends, family, and classmates with magic taught by a professional magician. Learn tricks you can do anywhere, at any time, for the rest of your life. All supplies are included. *Instructor: Lee Cole* (4 sessions, min 6, max 12)

**GRADES 1-5** – \$99

Horizon | Tu, 11/3-24 | 3:40-5:10p

### COMBO PACKAGE · 1 DAY OPTIONS

### **STUDY SKILLS**

Poor study skills create obstacles for academic success. Join us to rebuild healthy study skills and learn effective study strategies. **Register for daily classes or the combo package, but not both.** Instructor: Sylvan Learning (1-5 sessions, min 5, max 10)

**GRADES 5-8: COMBO** – \$195 Summit | Sa, 11/7-12/12\* | 1:30-3:30p \*No class 11/28

**GRADES 5-8: Organization** & Time Management – \$45 Summit | Sa, 11/7 | 1:30-3:30p

**GRADES 5-8: Note** Taking Strategies – \$45 Summit | Sa, 11/14 | 1:30-3:30p

**GRADES 5-8: Test Taking Strategies** – \$45 Summit | Sa, 11/21 | 1:30-3:30p

**GRADES 5-8: Reading** & Study Strategies - \$45 Summit | Sa, 12/5 | 1:30-3:30p

**GRADES 5-8: Learning Styles & Study Habits** – \$45 Summit | Sa, 12/12 | 1:30-3:30p

### Grandmasters of Chess

Keep improving your chess skills through chess lessons, puzzles, and games. We'll focus on beginner and intermediate concepts. A membership to <u>chesskid.com</u> is included. *Instructor: YEL! (6 sessions, min 6, max 12)* 

**GRADES 1-5** – \$75 P2 Horizon | F, 11/13-12/18 | 3:40-5:10p

**GRADES 1-5** – \$75

Beaver Creek | Sa, 11/14-12/19 | 10-11:30a

 GRADES 1-5 - \$75
 F20YC120

 Timber Ridge | M, 11/16-12/21 | 3:40-5:10p

 GRADES 1-5 - \$59

Wallace | Tu, 11/24-12/22 | 3:40-5:10p

### Brick Builders | Catapults

Get creative and build a catapult, dragster and balancing beam using LEGOs. *Instructor: TigerLily STEM (4 sessions, min 6, max 12)* 

**GRADES 1-5** – \$75 *F20YC12* Timber Ridge | F, 11/20-12/18 | 3:40-5:10p

**GRADES 1-5** – \$75 F20 Horizon | M, 11/30-12/21 | 3:40-5:10p

**GRADES 1-5** – \$75 *F20* Beaver Creek | Tu, 12/1-22 | 3:40-5:10p

**GRADES 1-5** – \$59 Lawson | Th, 12/3-17 | 3:40-5:10p

# Space Explorers

Get creative exploring planets, spacecraft design, space station troubleshooting, and astronaut missions. *Instructor: TigerLily STEM* (3 sessions, min 6, max 12)

**GRADES K-2** – \$99 Wallace | M, 11/30-12/14 | 3:40-5p

**GRADES K-2** – \$99 Lawson | M, 11/30-12/14 | 3:40-5p

**GRADES K-2** – \$99 *F* Timber Ridge | T, 12/1-15 | 3:40-5p

**GRADES K-2** – \$99 Horizon | Th, 12/3-17 | 3:40-5p

**GRADES K-2** – \$99 Beaver Creek | F, 12/4-18 | 3:40-5p

> Youth Sports

**GRADES K-12** 

# **Little Ninjas**

Learn the fundamentals of Tae-Kwon-Do and Karate. Build self-respect, coordination of mind and body, self-confidence, and self-discipline. *Instructor: Phil Dickey (8 sessions, min 5, max 50)* 

**AGES 4-5** – \$25

Summit | Th, 11/19-1/14\* | 6-6:30p \*No class 11/26, 12/24, 12/31

# Tae-Kwon-Do

Improve health, balance, agility, and poise through this Korean art of self-defense. Develop mental alertness and moral ethics to enhance your life. *Instructor: Phil Dickey (8 sessions, min 5, max 50)* 

**AGES 6+** – \$32

Summit | Th, 11/19-1/14\* | 6:30-7:30p \*No class 11/26, 12/24, 12/31

# Summit After School

**GRADES 6-7** 

# Wiffleball Tournament

Put together your team for SAS Wiffleball! Teams can be co-ed, with 4-6 players. No equipment is needed. Solo registration is also available; we will place you on a team. (2 sessions, min 4, max 12 teams)

GRADES 6-7: Team – \$25

Summit | Th, 11/12 & 11/19 | 2:50-4:15p

**GRADES 6-7: Solo** – \$5

Summit | Th, 11/12 & 11/19 | 2:50-4:15p

# Dodgeball Tournament

Put together your team for SAS Dodgeball! Teams can be co-ed, with 5-7 players. No equipment is needed. Solo registration is also available; we will place you on a team. (4 sessions, min 6, max 12 teams)

**GRADES 6-7: Team** – \$25 F203 Summit | TuTh, 12/1-12/10 | 3-4:30p

**GRADES 6-7: Solo** – \$5

Summit | TuTh, 12/1-12/10 | 3-4:30p

# SAS STUDY SKILLS

Poor study skills create obstacles for academic success. Join us to rebuild healthy study skills and learn effective study strategies. Instructor: Sylvan Learning (min 5, max 10)

**GRADES 6-7: Reading** & Study Strategies - \$45 Summit | Tu, 11/3 | 3-5p

#### **GRADES 6-7: Learning** Styles & Study Habits - \$45 Summit | Tu, 11/10 | 3-5p

Adult Programs

### **COMBO PACKAGES**

# Morning Fitness

Raise your heart rate and increase endurance through strength training, cardio, and flexibility training. Early morning workouts mean fewer schedule disruptions, longer fat burn during your day, and enhanced quality of sleep and appetite control. **Register for** daily classes or a combo package, but not both. Instructors: Andi Cameron & Jill Miller (min 7, max 12)

### - AGES 18+: NOV Combo - \$55

JMS | MWF, 11/2-11/25 | 5:15-6a

• NOV/Mondays Only – \$23 JMS | M, 11/2-11/23 | 5:15-6a

• NOV/Wednesdays Only – \$23

JMS | W, 11/4-11/25 | 5:15-6a

• NOV/Fridays Only – \$18

JMS | F, 11/6-11/20 | 5:15-6a

- AGES 18+: DEC Combo - \$45 JMS | MWF, 11/30-12/18 | 5:15-6a

• DEC/Mondays Only – \$23 JMS | M, 11/30-12/21 | 5:15-6a

• DEC/Wednesdays Only – \$23 JMS | W, 12/2-23 | 5:15-6a

• DEC/Fridays Only – \$18

JMS | F, 12/4-18 | 5:15-6a

- AGES 18+: Holiday Combo - \$20 JMS | MW, 12/21-30 | 5:15-6a

HOLIDAYS/DEC 21 Only – \$6 JMS | M, 12/21 | 5:15-6a

HOLIDAYS/DEC 23 Only – \$6 JMS | W, 12/23 | 5:15-6a

- HOLIDAYS/DEC 28 Only - \$6 JMS | M, 12/28 | 5:15-6a

HOLIDAYS/DEC 30 Only – \$6 JMS | W, 12/30 | 5:15-6a

# **Pickleball Open Gym**

Self-refereed pick-up games for ages 18+ and out of high school. No children are allowed, and no registration is required. First come, first served for play, with player alternation after each game. You will sign in and pay at the door. Please don't enter the gym until you have signed in and paid the supervisor. Masks are required; max of 30 people.

### AGES 18+ - \$3/night

Wallace | SuW, 10/7-3/3\* | Su 1-3p, W 7-9p \*No open gym 11/25, 12/23, 27, 30, 1/3, 2/7

# Basketball Open Gym

Basketball open gym is for ages 18+ and out of high school. No children are allowed, and no registration is required. You will sign in and pay at the door. Please don't enter the gym until you have signed in and paid the supervisor. Masks are required; max of 30 people.

### **AGES 18+** – \$3/night

Summit | W, 11/11-3/3\* | 6-8p \*No open gym 11/25, 12/23, 12/30

# **NEW Vinyasa Yoga**

This all-levels, flowing style of yoga encourages awareness of breath while moving through poses. You'll experience the benefits of yoga including stress-reduction, strength building and increased flexibility. Please bring your own yoga mat. Instructor: Stacie Couvillon (6-7 sessions, min 6, max 12)

**AGES 18+** - \$48

Summit | TuTh, 11/3-24\* | 7:30-8:30p \*No class 11/5

### 1 DAY

# Exploratory Beekeeping

Are you interested in learning more about beekeeping? You'll get an overview of a beekeeper's year regarding labor, costs, city bee laws, seasonal considerations, activities that will support pollinators, as well as other resources for continued learning. Instructor: Julia McGuire (min 4, max 10)

### AGES 18+ - \$15

Summit | Sa, 11/7 | 9-11a

### 1 DAY

# **NEW Pot Holders & Trivets**

Make square and rectangle pot holders and trivets just in time for the holidays. You will need your own sewing machine. Instructor: Jenny Stephenson (min 4, max 10)

**AGES 18+** – \$25 TBD | Su, 11/22 | 1-3:30p **AGES 18+** – \$25

TBD | M, 12/7 | 6-8:30p

# **Aquatics**

# **Pool Info**

### SUMMIT POOL

515-986-0951 | 9500 Windsor Parkway Find monthly calendars, swim lesson level descriptions and more at <u>bit.ly/jce-aquatics</u>.

### POOL ADMISSION

Daily admission fees are for lap swim and some special events. This rate does not apply to no school days.

**Youth (3-18)** - \$2/day | \$30/20 punch card Adult (18+) - \$3/day | \$50/20 punch card

### LAP SWIM

Changing rooms will not be open, so please come dressed in a swim suit. Only one person will be allowed per lane. The pool may be shared with other activities.

### Saturdays & Sundays | 1:30-3:30p

### **OPEN SWIM**

Due to COVID-related safety precautions, we are not able to offer open swim at this time.

# **Aqua Aerobics**

Improve muscle tone in your arms, stomach, hips, and legs during this 30 minute aerobic workout. Both high and low impact options are available. We'll also include flexibility and relaxation exercises. Instructor: Tammy Robinson (5-7 sessions, min 7, max 16)

**AGES 12+** - \$40 Pool | TuTh, 11/3-24 | 6:30-7:15p

AGES 12+ - \$34

Pool | TuTh, 12/1-29 | 6:30-7:15p \*No class 12/3, 12/22, 12/24

### Intro to Competitive Swimmina

Test the waters of competitive swimming before joining the Johnston Blaze Swim Club. You'll be introduced to the four competitive strokes, starts, turns and rules of the sport. We recommend passing Level 3 swim lessons and being able to swim 25 yards unassisted before taking this class. Instructor: Angie Banks (8 sessions, min 4, max 8)

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<b>AGES 6-10</b> – \$75	F20AQ9
Pool   SaSu, 11/14-12/13* *No class 11/28, 11/29	Sa, 10-10:45a   Su, 1-1:45p
<b>AGES 11-16</b> – \$75	F20AQ10
Pool   SaSu, 11/14-12/13* *No class 11/28, 11/29	Sa, 11-11:45a   Su, 2-2:45p

### FIND CLASSES & REGISTER AT JOHNSTON.CE.ELEYO.COM



### 2020-2021 Blaze

### Register at bit.ly/johnstonblaze.

The Johnston Blaze Swim Club is a USA Swimming team. We provide challenging and competitive situations for swimmers of all ages and abilities. Anyone ages 8-18 can become a member of the Blaze swim club.

- Swimmers should be able to demonstrate all four competitive swim strokes, and swim 25 yards unassisted.
- A one-time registration fee of \$120 per swimmer is due for the first session of the year (Sept 2020-Aug 2021). This covers team swim cap, team shirt, USA membership, and admin fees.
- \$50 discount for family's second swimmer, and a \$75 discount for family's third swimmer in the same session. Discounts increase by \$25 for each additional swimmer in the same session in a family.
- There is an additional fee for swim meet registration. Swim meet fees vary and are set by the meet host.
- There is a coaching meet fee of \$7 per swimmer for each away swim meet. No fee for meets within the Des Moines metro.
- Swimmers will register for either "Age Group" or "Select" practice groups. Participation in Select, requires coach approval.

Registration for Winter Season opens 9/28.

### AGE GROUP: Winter Season – \$200

Pool | MWF, 11/2-2/7 | 6:30-7:30p or 7:30-8:30p

SELECT: Winter Season – \$450 Pool | M F 11/2 2/7 | MWF 7:30-9p and

Pool | M-F, 11/2-2/7 | MWF 7:30-9p and | TuTh 7:15-9p

Championship Season : Registration TBD

# COVID-related safety precautions for Blaze practices:

- Overall swim team capacity is limited.
- No more than 4 swimmers per lane.
- Swimmers will be placed into consistent practice groups and can only practice during their scheduled time.
- Locker rooms are avaialable for restroom use only; swimmers should arrive in their swimsuits, ready to swim.



In preparation for our winter and spring programs, Community Ed is seeking help filling some important positions.

### **Building Supervisors**

This position serves as a host for evening and weekend groups and activities that take place in JCSD facilities.

### **Aquatics Staff**

### (Supervisors, Lifeguards, and Swim Instructors)

We are hiring all aquatics positions! Don't underestimate the leadership skills developed in our aquatics staff. Responsibility, communication, organization, and confidence in addition to the certification and skill development required.

### **Special Interest Instructors**

If you have a hidden talent or passion that you are willing to share with others, we want to know about it! Specifically, we are in search of Foreign Language Teachers, E-Gaming Enthusiasts, and a Guitar Lesson Provider.

### Apply online at <u>bit.ly/jce-job-openings</u>.

We are starting a <u>monthly</u> e-newsletter! Get Community Education updates and announcements as well as reminders for upcoming classes/activities.

# Subscribe today at johnston.ce.eleyo.com.

E CONNECT ION



### **Community Education Center**

Johnston Community School District 6510 NW 62nd Avenue Johnston, IA 50131

#### SINGLE-DAY REFUNDS

Refund requests must be made at least 24 hours before the class/program session is held. There will be a \$5 admin fee per class on all refunds. The full fee will be returned if JCE cancels the class.

#### **MULTIPLE-DAY REFUNDS**

Refund requests must be made before the second class/program session is held. There will be a \$5 admin fee per class on all refunds. The full fee will be returned if JCE cancels the class.

#### CANCELLATIONS

JCE reserves the right to cancel classes. Classes will be cancelled if there is insufficient enrollment.

# Kids Connection

KTC is the JCSD's before and after school child care program, available for students in grades DK-5 during the 2020-21 school year. We provide enjoyable, motivating and structured activities. Choose from Consistent Schedule, Pick Your Days, and/or Non-School Days contracts to meet your individual needs.

# KTC Site Information

Before School:	6:30 - 8:30 am
After School:	3:30-6:00 pm
Wed. After School:	12:30-6:00 pm

Beaver Creek • Horizon • Lawson Timber Ridge • Wallace

Registration is Open!

Sign up at **johnston.ce.eleyo.com**. Call the KTC office with questions, 252-8490.

johnston.ce.eleyo.com